



DRAYTON MINOR HOCKEY: RETURN TO HOCKEY PLAN

September 2020.

Communication's Officer:

Jerry Roubos will monitor updates. As the centre's Town Contact, he receives information from OMHA and WOAA via email. Jerry will share information as needed to the executive committee.

Mike Norris (in his role as President) will ensure communications are passed onto members, coaches, and parents. He will also continue to communicate with staff at the PMD arena and ensure teams are following safety guidelines. Mike will also ensure any COVID-19 cases are reported to public health authorities.

Responsibilities Specific to Practices (to be clarified by team staff):

Players and/or parents will complete a verbal health screening questionnaire prior to participating in any on-ice or off-ice activity. Coaching staff will complete a tracking sheet for each practice/game and keep a copy in their records for contact tracing if needed. This will include the names of all participants (bench staff and players), contact phone numbers, and an affirmation that the health screening was passed.

Arrival at Facility to Meet Guidelines:

Participants will enter the arena through the sliding doors for the banquet hall. A Drayton Minor Hockey volunteer will remain at this entrance for the entire rental time to monitor attendance/ count number of people entering the facility. They will maintain a tracking sheet with names and contact phone numbers for each person entering the facility.

Masks are required upon entering the facility for anyone over the age of two years.

Everyone entering the arena will be asked to use hand sanitizer.

Players will arrive no more than 15 minutes before they are scheduled to be on the ice.

Players will wait in the lobby area (warm area) until a DMH volunteer ushers them to their assigned dressing room. This will prevent congestion in the hallway.

Hygiene Requirements:

Each player will be assigned a home and away jersey to keep for the season. Players will be expected to wash their jersey and equipment (such as socks, pant shells) after each use. Players will be encouraged to take equipment out of bags and dry it out after each use.

Players will bring a water bottle for on-ice activities, labelled with their name. There will be no sharing of water bottles. Parents and/or players should wash water bottles after each session.

Towels will be used for first aid purposes only by the team's Trainer and will be put into a plastic bag after use.

Participants will not spit or blow their nose without a tissue. They will cough or sneeze into a tissue or the bend of their arm. They will avoid touching the eyes, nose or mouth with unwashed hands.

Physical Distancing in the Facility:

Players and parents will be reminded to maintain 2 meters of physical distancing while in the building and respect markings placed throughout the facility for flow purposes.

Guidelines around Dressing Rooms and Showers:

There will be a maximum of 16 participants per dressing room. Showers are not to be used. There will be no siblings allowed in dressing rooms, and only one parent or guardian if a player requires help with equipment. If siblings are present, a chair will be moved into the hallway for a parent to tie skates/ help with equipment.

Players are encouraged to come to the arena in as much equipment as possible. There will be a strict time limit on usage of dressing rooms (15 minutes before and after ice time).

Physical Distancing During On-Ice Sessions:

There will be a maximum of 30 participants on the ice surface during stage 3 b.

Multiple entrances to the ice surface will be utilized.

There will only be one coach and one trainer present for each game to maintain physical distancing on the bench.

Masks can be removed while participating in a hockey activity when physical distancing is practiced. Coaches should wear cloth masks when physical distancing is not possible, such as on the bench.

Requirements for Parents/ Guardians at the Facility:

The bleacher area and washrooms will be open to parents at the PMD arena. The lobby viewing area (warm area) will not be available for spectators (this will be used as a waiting area for dressing rooms).

The snack bar will not be open. Individual food and beverages are permitted; however, parents are responsible for taking out all garbage.

Siblings are encouraged to stay at home. If younger siblings must accompany a parent, they must be under adult supervision at all times. There will be no tolerance for children playing or running around the facility.

Departure from the Facility:

Participants/ parents/ spectators will be asked to limit their time at the arena. They will leave the arena within 15 minutes of their session ending. This will avoid teams entering and exiting the facility at the same time. Players will exit from the sliding glass doors near the dressing rooms.

A parent volunteer will help with sanitizing the dressing rooms upon departure (direction and training will be provided by arena staff).

If a player is old enough, they will meet their family in their vehicle. This will prevent the congregation of people in the building.

Procedure if Participant is Sick:

A participant who has any COVID 19, cold, or flu-like symptoms, must advise their coach (or team designated person) and stay home.

Coaches will be prepared to require anyone exhibiting signs or symptoms of illness to leave a practice or game. An ill participant will receive a cloth mask immediately. Anyone caring for the participant will also wear a mask. The parent or guardian will take the player home immediately.

Players may not return until they are asymptomatic AND they have a negative COVID swab or have isolated for 14 days.

Parents should contact their health care provider if the player needs symptom management or assessment and the Rural Wellington COVID-19 Assessment Centre information can be found at <https://www.wdgpublichealth.ca/your-health/covid-19-information-public/assessment-centres-wdg>.

Coaches will contact Mike Norris (through email at norrisbb10@gmail.com) to report a player or participant is ill.

Meeting with Parents:

Parents have been asked to arrive at the arena 30 minutes before their child's first ice time where they will receive instructions (outside in the parking lot).

The following will be shared with parents and guardians.

- Arena protocols- one parent or guardian per player; siblings to stay at home whenever possible; masks required; a volunteer needed to stay at entrance to monitor number of people in the arena for each ice rental, volunteer to direct players to dressing rooms/ direct flow of teams; a volunteer needed for sanitizing dressing room
- To arrive no more than 15 minutes before on-ice session, and to leave within 15 minutes after session ends
- Players to come dressed in as much equipment as possible, usage of dressing rooms will be limited
- Stress the importance of good hand hygiene and encouraging players to carry hand sanitizer in their equipment bags
- What steps are to be taken if a player is not feeling well